

### **Mystic Yoga Foundation (MYF)**

Mystic Yoga Foundation is a Public Charitable Trust carrying out spiritual, educational and humanitarian work for correctional home inmates, rural children in need of care and protection, and most pro-actively rescuing and rehabilitating stray animals that otherwise had little chance of survival on their own. For last four years we have been associated with 12 Correctional Homes in the State of West Bengal offering Healing Yoga and Meditation sessions for the Under Trials as well as Convicts for their physical and emotional health and have collaborated closely with the Himalayan School of Life for rural children in the Uttarkashi District of Uttarakhand.



### **Covid-19 Fundraiser for Kolkata strays**

Currently we are feeding 600+ strays on a daily basis and have been able to do so each and every day since the lockdown was enforced in India more than five weeks back and are hoping to continue doing our bit till complete normalcy is restored which may be another 10 weeks away. The mammoth task of neutering some of these strays has also been initiated amidst lock down period itself to keep their population in check. Mystic Yoga Foundation has a 4-member team who cook fresh rice meals, and like true Corona Warriors go around feeding and caring for the strays. We are also coordinating with individual feeders, groups, veterinary workers and vets to reach out to more and more stray animals on a day to day basis.

### **Contribute towards Stray Animals amidst Covid-19 pandemic**

Cartoon of Biscuits - Rs. 600.00

Fish / Chicken (10-15 kgs) - Rs. 1500.00

Large Bag of Cat Food (7 kgs) - Rs. 2000.00

Large Bag of Dog Food (10-15kgs) - Rs. 2500.00

Rice (100 kgs) - Rs. 3500.00

Neutering of two dogs - Rs. 6000.00

*Sponsor the **neutering** and **post-operative care** of two dogs. Neutering is the long-term solution for controlling the population and bettering the quality of life of the existing strays.*



*You may choose to donate any amount via Ketto, a crowdfunding site using the link below:*

[www.ketto.org/fundraiser/help-us-to-feed-stray-animals-of-kolkata-during-covid-19](http://www.ketto.org/fundraiser/help-us-to-feed-stray-animals-of-kolkata-during-covid-19)

## Mystic Yoga Animal Shelter

Currently the Mystic Yoga centres spread across the city of Kolkata is also home to over 125+ rescued cats and dogs and they receive no less personalized care than a child would receive in a close-knit family. All are neutered, vaccinated, kept in a clean and hygienic manner and fed thrice daily. In future we envisage developing a dedicated animal shelter and farm outside the city premises and facilitate a cemetery where the city folks can lay their pets to rest in peace and dignity.



## Contribute towards Mystic Animals Shelter, Kolkata – India

Mystic Yoga and its three founders have been doing everything possible towards the care and support of more than 125 strays adopted and rehabilitated in the Mystic Yoga Family. Over 100 cats and 25 dogs. At this point of time we do feel the need to open-up and ask for community support towards regular upkeep and provisions of Mystic Animal Shelter and also evolve to create more space and capability to keep growing the shelter a little by little.

The monthly expense for running the animal shelter (feeding, vaccination, medical expenses etc.) comes to Rs. 1.45 Lacs approx. Feel free to donate, the expense for an animal comes to approximately Rs.1200 per month. Contributions towards Mystic Animal Shelter can be made directly to Mystic Yoga Foundation as per details given below. There is no minimum or maximum. Kindly give whatever you are comfortable with.



### "MYSTIC YOGA FOUNDATION"

ICICI Bank

Current Account No. 165805000206

IFSC ICIC0001658